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7 Powerful Steps to
Advance Your
Destiny

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‘Destiny is not a matter of chance. It is a matter of choice. It is not a thing to be waited for; but a thing to be achieved’. Author Unknown

INTRODUCTION

Martin Luther King declared “I have a dream”, and he went on to change the face of America – his passion and purpose in life to see an end to black segregation.

What was I created for? Why am I here? There must be some reason why I’m alive? These are questions men and women have asked themselves down through the ages. We all have this knowing deep inside of us that our lives were meant to be more than just a daily grind. We’re all guilty of hoping that if you were lucky, we might end up rich and happy.

Breaking through our destiny, and into our purpose, takes some intentional, deliberate steps, but if we focus, and if we are determined, we can breakthrough.

Discovering our passion, sowing that into an intentional purpose or activity in your life brings great inner satisfaction. You begin to live out your destiny and find that the ‘shoulds’ in your life are no longer hounding you. You no longer feel that something important is missing from your life, and you now have a road map to bring meaning to your future.

Finding your passion, your purpose, and breaking through into your destiny is a process – a journey. There is often no discernible point of arrival. One day you will just realise that you are activating and walking in that destiny and purpose.

Now is the time for you, a woman of value who hungers to live an abundant life, to use all of the treasures inside of her, to become a woman who changes herself and the sphere around her.

This E Book gives you some of the keys to help you begin the journey of becoming an even more amazing woman!

I hear you say ‘but I have kids’ – let me really encourage you and say that there is always something we can do to move towards our dreams. There is always learning we can do no matter how little or informal. There are ways to keep that flame burning until the right time for you to really take hold of your destiny and begin to develop it into maturity.

We discuss further in the book some of the things you can do now, to help you towards your future.



STEP 1: DISCOVER YOUR PASSION

Your passion is what drives you to do something for free because you love it so much. It gets you out of bed in the morning with a smile on your face and leaves you satisfied at the end of the day. It attracts opportunities and opens doors for you.

5 QUESTIONS TO HELP YOU IDENTIFY YOUR PASSION/S:

1. What do you do that makes you feel good about yourself?
2. Would you do it for free?
3. If you had to describe your idea day, what would you be doing?
4. Can you identify a common theme running through your work history, reading material, internet surfing, creative activities, social activities or hobbies?
5. What would you regret not fully doing, being or having in your life?

STEP 2: What's In Your Travel Bag

Along the road of our daily living we gather up life experiences, wisdom, skills and abilities. Our talents are usually things we are born with, such as a naturally good singing voice.

Some skills/abilities we have had to learn in order to reach a goal or get a job e.g. carpentry or hairdressing skills.

Other skills are reflected in our interactions with others e.g. verbal or practical skills, leadership, motivational, written or physical skills. There are teaching, artistic, financial, innovative and administrative skills too.

A great self discovery exercise is to take an inventory of the skills, abilities, talents, life experience and expert knowledge that you have.

List them out and see if there is a theme running through them.
Where and how do you express those things now?

Which ones come naturally to you and give you the most pleasure?

Is there a group, community, occupation or hobby that you know you would find more satisfying?

Some people may have a passion for caring for people which can be expressed in many different ways e.g. becoming a nurse, senior care specialist, working with the poor or the broken-hearted.

STEP 3: Be Prepared for That Moment of Opportunity

Preparing for your future is about preparing yourself.

Abraham Lincoln when he was a young lawyer said 'I will study and prepare myself, and someday my chance will come'. As we know he went on to become President of the United States (after innumerable attempts to).

Our future contains greater opportunities when we have prepared ourselves for them. If you've always desired to be an author, but have never learnt to type, then you probably won't become an author.

If you've always wanted to work with the homeless, you are better prepared if you have some pre knowledge around the challenges and issues that homeless people face.

What is it you want to be or achieve in your life? Don't be limited by your current circumstances, there is always something you can do now, no matter how big or small that can equip you and prepared you to take up opportunities and walk through open doors when they appear in front of you.

You could:

- Complete some online courses e.g. Alison.com
- Do some tertiary study or correspondence courses
- Attend a community course
- Volunteer with an organisation or community group

- Learn as much as you can on your topic from the internet
- Ask someone who has been there and done that to mentor you
- Start a study group with some friends
- Read online articles and library books



STEP 4: Envision Your Future

Set some goals! Create a vision board. My daughter has a map on her wall of all the countries she wants to visit – 34 of them! She has done 3 already at 23 years of age. Without goals you will become a wandering generality and all those talents, skills, abilities, experience and passion will lie dormant or underused.

Goals need not be rigid. Consider them a guideline for the direction in which you want to travel. It is a proven fact that those people who write down and regularly review their goals are more likely to achieve them.

Your goals need to be realistic, achievable and measurable. Not so pie in the sky that they feel unachievable and overwhelming. You can start small, celebrate the victory of achievement and then move onto something bigger.

Break it down into large pieces, then smaller and smaller ones. Then as you are ready for each step, create a To Do list around the tasks you need to carry out for that step.

Here are some questions to help you define a goal you might want to achieve:

- What is you would like to achieve?
- What people group do you want to be involved with?
- What will be the purpose of my goal, what difference do I want to make?
- Which talents, skills, life experience and wisdom will I be able to use?
- How will it make a difference to people's lives or my community or family?
- Learn about SMART GOALS (Dr Google will help you with this)



STEP 5: Start Small But Do Something!

As little as half an hour a day can make a big difference to your future.

When I was at home with my young children, I didn't have a lot of spare time, but I devoured personal development books. They fed my passion for that area and prepared me with a great deal of knowledge that has propelled me into who I am today as a coach, mentor and encourager.

Doing what you can right where you are at now, gives you hope for the future. It gives you something to look forward to and strive for, and keeps your dreams and purpose alive.

You could:

- Start a small home business e.g. sewing, hairdressing, graphic design, online store
- Start a community group or coffee support group around your passion or an issue that interests you
- Start a Facebook business or online community
- Volunteer for a community group, cause or project you're passionate about
- You can mentor or coach someone else, passing on the benefit of your knowledge and experience
- Get involved in a network or hobby group
- Share a skill you have with others or for the benefit of others

The important thing is to start, and as your time and resources become more free, you can upscale and become more involved or move on to something bigger.



STEP 6: Stay up with the Play

Keep up to date with the latest trends, technologies and advances in the area you are interested in.

My husband works in a technical area with electronics for large trucks. He spends hours watching YouTube videos and reading trade magazines. Because of this he is now considered and acknowledged as an expert in his field.

If you are already working, volunteering or playing in a field you love, then keeping up with the latest trends will position you more quickly for advancement. People will recognise that you have a knowledge and expertise that others do not.

Again, this opens up opportunities for you. Become a lifetime learner and you will reap the rewards.

STEP 7: Become the Best Person You Can Be

The people who succeed the most are those who have developed strong emotional maturity and great character. They are more readily chosen for projects and advancement. They attract opportunity and favour and people are drawn to them.

These people have some very noticeable positive traits:

- They are reliable, accountable and teachable
- They are able to handle difficult conversations well
- They are able to exercise good self management
- They handle relationships in a healthy manner
- They have a generally positive outlook on life.

Take your personal growth seriously and it will ensure you succeed at your dreams.

SUMMARY: Become a Woman of Destiny

You can do this, and I'd love to help you. I am fully persuaded that you already have inside of you all that you need to breakthrough into your destiny.

Whether you are a Mom raising your kids at home or a woman out in the world of work and multi tasking like crazy, there is so much in you that needs expression.

You have huge value you can add to this world and you have all it takes to make a difference to your family, your community and your nation.

If you want to explore this subject in more depth, jump on over to our [website](#), read the blogs and visit our Store for some great resources, including a more comprehensive version of this book.

Alternatively, you can engage me to coach you through this process of identifying your passion and purpose, then uncovering a place of expression for that and formulating some goals.

You can also become a part of our community on [Facebook](#).

AUTHOR BIO

Fiona Dieleman



Hey there, this is me. My friends describe me as a great encourager who is really a big softie on the inside. I help people discover truth about their lives that brings transformation. I also love discovering and teaching people how to apply keys and principles that make for good living and helping them to apply them in a practical way in their lives.

I enjoy providing resources and coaching to help women understand what they carry inside of them and how to use it. This is what brings us satisfaction, a sense of purpose, and the achievement of making a difference in some way to the world around us.

I've always loved encouraging, coaching and counselling women, and have spent many hours over the years listening to their stories, their dreams and their heartaches. In 2014 I became very intentional about taking this passion up to another level, and began formally coaching women in their personal lives, working with couples who work together, and combining all of this with my love of business.

I live in a beautiful part of New Zealand with hubby and 2 young adult daughters and a grandson. When I'm having 'me' time I love reading, having a cuppa with the girls, a bit of gardening and shopping or watching a movie. The backbone of my life is my Christian faith which under-girds my values on a daily basis.

I have several personal development related qualifications and a Diploma in Life Coaching, along with 11 years of small business experience.



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